

How much waste do you produce?

Eco-Test

To find out check the answers that apply best to you.

Check your answers	A	B	C
What item do you use to carry home your shopping?	fabric bag/ backpack	paper bag	plastic bag
Which of the following items do you use to bring your lunch to school?	lunch box	bread wrap	aluminum foil
Which type of container do you most often drink out of?	reusable drinking bottle	plastic bottle	(soda) can
Do you try to buy groceries with less or no packaging?	Yes	I do sometimes, but it is not easy.	No, I haven't thought about it yet.
What do you take into consideration when buying new clothes?	Second Hand	Ecofriendly/ Fair Trade	It has to suit me.
Do you use the backside of a sheet of paper when writing?	Always	Sometimes	Never
How often do you buy a new mobile phone?	every 5 years	every 2-3 years	every year
How do you get to school?	walking/by bike	public transport	by car
Do you separate recyclable waste?	Yes, of course.	Sometimes, but I don't use every bin.	No, not really.

Eco-Test: Solution

Count the points of your answers.

A = 1 point

B = 2 points

C = 3 points

24-27 POINTS: GARBAGE COLLECTOR

There is still room for improvement. Maybe you could try a challenge with your siblings, parents or friends. Who is the best in reducing waste for a week? It's a lot of fun, you'll see!

19-23 POINTS: YOU'RE ON THE RIGHT PATH

You're on the right path but there is still a lot of waste you could avoid. Set yourself little goals and who knows, maybe you can change some of your habits.

14-18 POINTS: KEEP IT UP!

Well done! Obviously, you already know a lot about this topic. Nevertheless, it's important to stay tuned and try new ideas to improve your knowledge. The environment is going to thank you!

9-13 POINTS: ZERO WASTE HERO*INE

Congratulations!! You are clearly a professional at preventing waste. Keep it up!

Tips for waste prevention

Gap test

Fill out the gap text. Read carefully!

plastic bag	reusable water bottle	aluminum foil	flea market
shoeboxes and newspapers	old clothing	snack box	
fabric bag	sheet of paper	plastic dishes	wrapping paper

Do not forget your _____ when you go for groceries shopping, so you do not have to buy a _____ and therefore prevent plastic waste.

Instead of _____, use a _____ for your lunch.

A _____ is a lot better than a single-use plastic bottle because you can refill it a lot more often.

When buying a present you can use old _____ to wrap it, so that you do not need _____.

You can use the backside of a _____ to take notes.

Nice things do not always have to be new. Check out a _____ or try to sew something new out of your _____.

When having a party do not use _____ that you can use only once.